

Financial Arrangements:

On the day of admission, please bring your insurance card(s). Any deductibles, co-pays and co-insurance will be due at the time of admission. You will be billed separately for additional services, such as your physician and anesthesiologist. If you are unable to meet the payment requirements or if you have any questions regarding your financial obligation, please contact our business office at (919)956-9300 ext 362.

NCSH Staff

We are pleased to care for you at NCSH. If at any time you have questions, please feel free to ask our staff.

Patient Information:

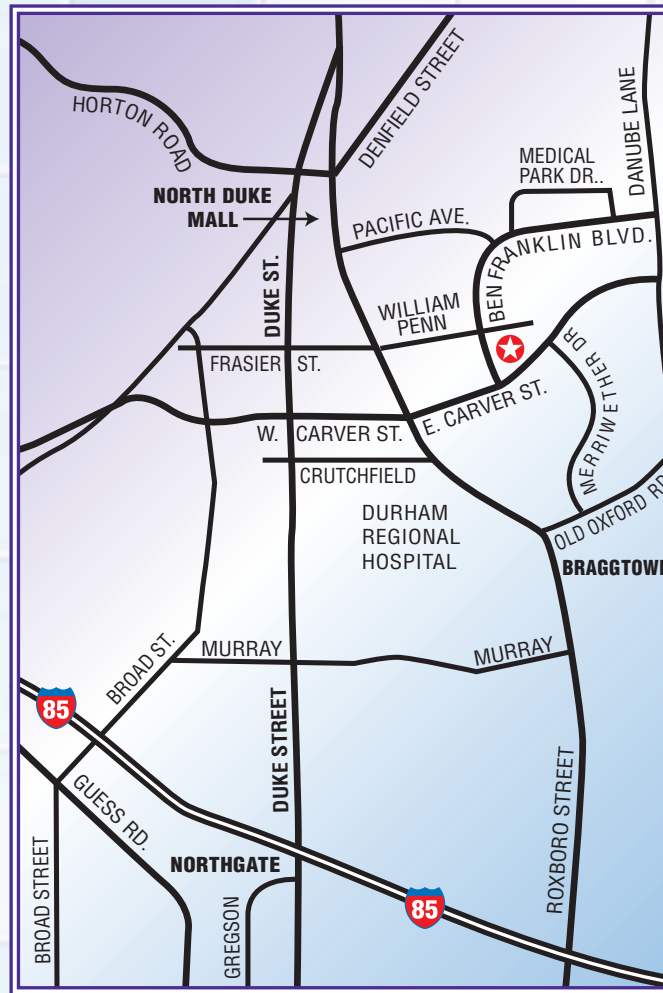
The Date of Your Procedure is:

Patient's Name:

Physician's Name:

We will call you the day prior to procedure to confirm time to arrive.

You may also call us: (919) 956-9300 x378



★ North Carolina Specialty Hospital



3916 Ben Franklin Blvd. • Durham NC
(919) 956-9300 • Website: ncspecialty.com

IMPORTANT INFORMATION

About Your Pain Procedure



Preparing Ahead Of Time



Transportation arrangements need to be made prior to the day of your procedure. You must arrange for a responsible adult to drive you home. That person is required to wait for you at the hospital. You will not be allowed to drive after receiving sedation or if you have significant numbness/weakness of limbs. **Your procedure may be cancelled without a designated, responsible adult to drive you home.**

Stop aspirin/anti-inflammatory products 5-7 days before procedure to reduce complications of bleeding (e.g. Motrin, Advil, Ibuprofen, Aleve, Naprosyn, Celebrex, Mobic, Relafen, etc.).

You must stop all blood thinners (e.g. Plavix, Coumadin, etc.) 5 days prior to procedure. Continue to take ALL other medications (e.g. high blood pressure, diabetic, pain medications, anti-depressants, etc.)

If you are allergic to x-ray dye or shellfish (e.g. shrimp, crabs, etc.) please call and inform your physician.

NCSH is a smoke-free environment. The use of tobacco products on campus is prohibited.

The Day Of Procedure:

- Do not eat or drink anything after midnight the evening before your procedure, **if you are having a discogram.**
- Discograms will have to go for x-rays and CT post procedure at Triangle Orthopedic Associates.
- You will be scheduled to arrive at the hospital 1-2 hours prior to your procedure. This will allow adequate time for all necessary admission procedures.
- On rare occasions the procedure schedule may be running ahead or behind the scheduled times. We will do our best to keep you informed. Please be aware that due to the nature of procedures, all times are estimates.
- Bring any paperwork provided to you from your physician's office.
- Wear comfortable clothing.
- Bring eye glasses and /or hearing aids, if you rely on them. Leave jewelry and other valuables at home. NCSH is not responsible for lost or stolen items.
- Bring a list of medications you are taking and a list of any allergies/sensitivities you may have.
- Minors (patients under 18) must be accompanied by a parent or legal guardian.
- If you have sleep apnea and use a CPAP, you must bring CPAP the day of your procedure.
- If you use an insulin pump, bring manufacturer's procedure and insulin regimen.

Recovery Period:

After your procedure, you will be monitored until you are ready for discharge.

Although the time varies, most patients are discharged from 45 minutes to 1 hour after procedure. You may have 1 visitor in the procedure area.



Discharge To Home After Procedure

Your physician will provide post procedure instructions regarding diet, activities and medications. In the event of any difficulty, notify your physician.