

FINANCIAL ARRANGEMENTS

On the day of admission, please bring your insurance card(s). Any deductibles, co-pays and co-insurance will be due at the time of admission. You will be billed separately for additional services, such as your physician and anesthesiologist.

If you are unable to meet the payment requirements or if you have questions regarding your financial obligation, please contact our business office at (919)956-9300 option #2.

NCSH STAFF

We are pleased to care for you at NCSH. If at any time you have questions, please feel free to ask our staff.

PATIENT INFORMATION:

The Date of Your Procedure is:

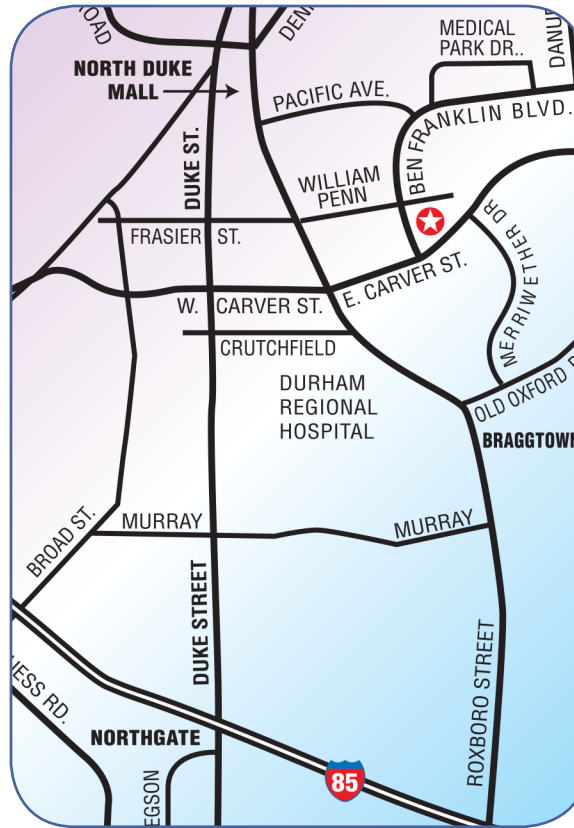
Patient's Name:


Physician's Name:

Surgeon's Name:

Primary Care Physician's Name:

We will call you the day prior to procedure to confirm time to arrive.
You may also call us:
(919) 956-9300 x1345



 North Carolina Specialty Hospital



3916 Ben Franklin Blvd.
Durham, NC

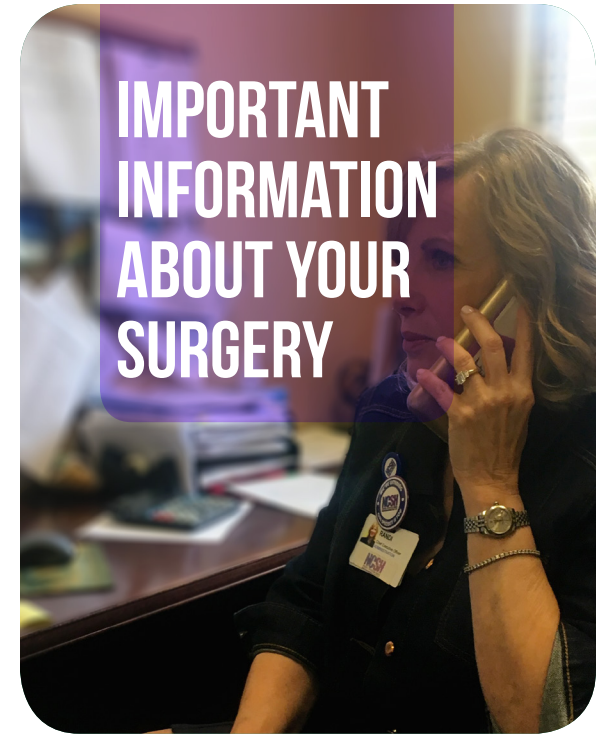


(919) 956-9300



WWW.NCSPECIALTY.COM

IMPORTANT INFORMATION ABOUT YOUR SURGERY



NORTH CAROLINA SPECIALTY HOSPITAL

proudly physician owned since 1926

WWW.NCSPECIALTY.COM

PREPARING AHEAD OF TIME

Preadmission screening will be done prior to your surgery. A nurse will discuss and review in detail your past medical and surgical history. They will also discuss your medications and give you instructions about taking them prior to surgery. Your preadmission screening may be completed by phone 1-3 days prior to your surgery or in person at the hospital 5 days to 2 weeks before your surgery. Our goal is to ensure that you are medically ready for your surgery and to minimize any complications from anesthesia.

Transportation arrangements need to be made prior to the day of the procedure. You must arrange for a responsible adult to drive you home. That person is required to wait for you at the hospital. You will not be allowed to drive after receiving sedation. *Your surgery may be canceled without a designated, responsible adult to drive you home.*

If your physician would like you to attend the preadmission total joint replacement class, we will notify you or you may call (919) 956-9300 ext: 1230, to register for class.

NCSH is a smoke-free environment. The use of tobacco products on campus is prohibited.

OUR SPECIALTY IS YOU

THE DAY OF PROCEDURE:

- Do not eat or drink anything after midnight the evening before your procedure. Children will receive special instructions.
- You will be scheduled to arrive at the hospital 1-2 hours prior to surgery. This will allow adequate time for all necessary admission procedures.
- Due to limited space throughout the hospital, please limit the number of persons traveling with the patient. This number should be no more than two persons and comply with current visitor's policy at the time of your surgery.
- On rare occasions the surgery schedule may be running ahead or behind the scheduled times. We will do our best to keep you informed. Please be aware that due to the nature of procedures, all times are estimates.
- Bring any paperwork provided to you from your physician's office.
- Wear loose fitting clothing. You may take a tub bath or shower prior to arrival. Do not use any lotions, creams, powders, cologne or make up.
- Bring eye glasses and/ or hearing aids, if you rely on them. Remove contact lenses. Leave jewelry or other valuables at home. NCSH is not responsible for lost or stolen items.
- Bring each medication you are taking in its originally labeled bottle **EXCEPT** any narcotics/ controlled substances. Bring a list of allergies/sensitivities you may have.
- Minors (patients under 18) must be accompanied by a parent or legal guardian.
- If you have sleep apnea and use a CPAP, you must bring CPAP the day of your procedure.
- If you use an insulin pump, bring manufacturer's procedure and insulin regimen.

RECOVERY PERIOD:

After your surgery, you will be cared for in the Post Anesthetic Care Unit (PACU) and monitored until you are ready for discharge or admission to the hospital.

Although the time varies, most patients are discharged 1-2 hours after surgery. If you are having an outpatient procedure you may have one visitor at a time, in the recovery area, once you are awake.

Inpatient visitors will be instructed to go to the second floor family waiting room, after talking to your physician.

DISCHARGE AFTER SURGERY

Your surgeon will provide post-operative instructions regarding diet, activities and medications. In the event of any questions or concerns, please notify your surgeon using the phone number provided.

It is normal to feel a little sleepy and/or dizzy for several hours after your operation. Do not sign any important documents or make any significant decisions until this feeling has worn off. Do not drive, operate machinery, smoke or consume alcoholic beverages until at least 24 hours after your surgery or procedure.

ADMISSION TO THE HOSPITAL

Your physician and our healthcare team will explain your post-operative treatment plan. We encourage you to ask questions and be involved in your plan.

Visitors are welcome during the day until 9 p.m. Adult family members may coordinate with the charge nurse to spend the night.

Upon discharge, a responsible adult will need to drive you home.